**WEIGH-IN RULES**

5. The Weigh in may take place before the boxers Pre Bout Medicals.

6. Team Competitions. In team competition weigh-ins, each team, including reserves, is to be weighed-in separately using the same scales at the same venue and without undue delay between the teams.

7. Individual Competitions. In individual competitions, each boxer is to be weighed in at the same venue using the same scales.

8. Weight Category Rule. As a general rule, it should be noted that no boxer is permitted to take part in a contest where the weight differential is greater than that allowed in the championship weight category (see matchmaking Section 4).

9. Nudity. Male and Females Elite and Development boxers are permitted to remove all clothing to make weight. Where possible the official conducting the weigh in should be the same gender as the boxer. If this is not possible a screen or large towel can be held up by a chaperone.

10. Junior and Youth Boxers.

Juniors and Youth boxers must weigh-in dressed in shorts or underpants. (Chaperone is required for boxers under 17 years of age).

11. Timings. The following timing rules shall apply to weigh-ins:

Official scales to be inspected, calibrated and sealed within 48 hours of the event.

The time between the end of the General Weigh in and the start of boxing should not be less than 6 hours and no more than 12 hours.

The time between the end of a Daily Weigh in and the start of boxing should not be less than 3 hours and no more than 12 hours.

The official scales will remain securely sealed until the official time for the weigh-in and be opened only by the OIC Weigh-In.

 The official scales are open for a maximum of 2 hours only.

12. Check Scales - A check scale is permitted (these are a second set of identical scales to the official scales and are to be calibrated as such and are to be freely available to boxers to check their weight prior to weighing in on the official scale.

**13. Weighing in – Each boxer may have 1 official weigh in but in the case of only 1 set of scales being available boxers are permitted to visit the scales as often as required within the stated weigh in period to achieve the weight. The boxer is to declare to the OIC Weigh in which visit is their official Weigh in.**

14.Team Representatives. One team representative from each team may attend the weigh-in but is not permitted to interfere in any way.