



ENGLAND BOXING
Supervisors (CPD Resource 2020)

Situation 5 Rumour of drugs

The Context – As a supervisor you hear rumours that a boxer has or is currently taking drugs. The current situation is that some of the drugs are in the boxer room during the competition. At this point you don't know if the coach is aware however rumours are growing and other coaches are talking about this. The boxer in question is due to box later tonight. Its 2 hours until they box.

Be mindful –

Do you respond or not? It is just a rumour?

Is the source of the information credible, could be another coach trying to create disruption?

Who do you need to contact and involve?

What if there was no drugs, how will you manage and support the boxer, family and coaching team?

How will you manage emotions and different points of view?

Reflection –

What will guide your decision making? Feelings, thinking?

What behaviours will you see in other people and how will you manage yourself?

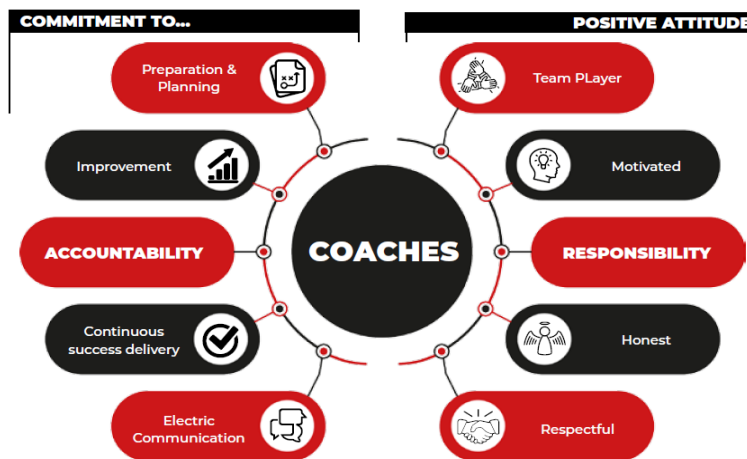
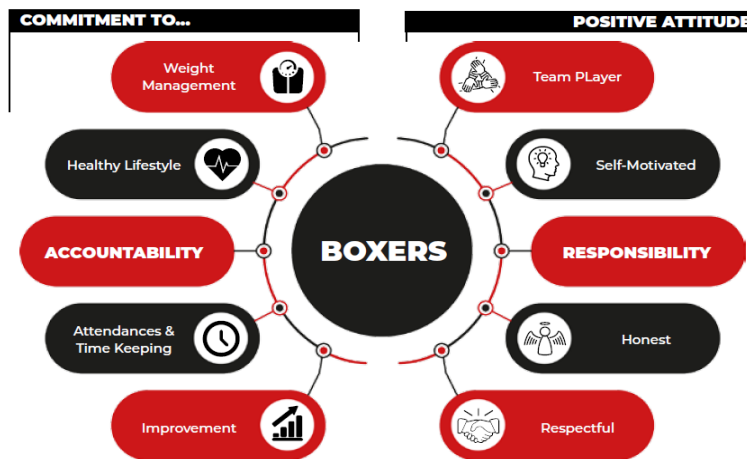
What could you learn from this situation and experience?





**Useful Thinking
Tools & Resources
for Supervisors**

▼ ENGLAND TALENT WINNING BEHAVIOURS & VALUES



Boxers & Coaches



Feedback



S

Situation

Anchor time
and place



B

Behavior

Observable
action



I

Impact

What I felt/
thought/
experienced

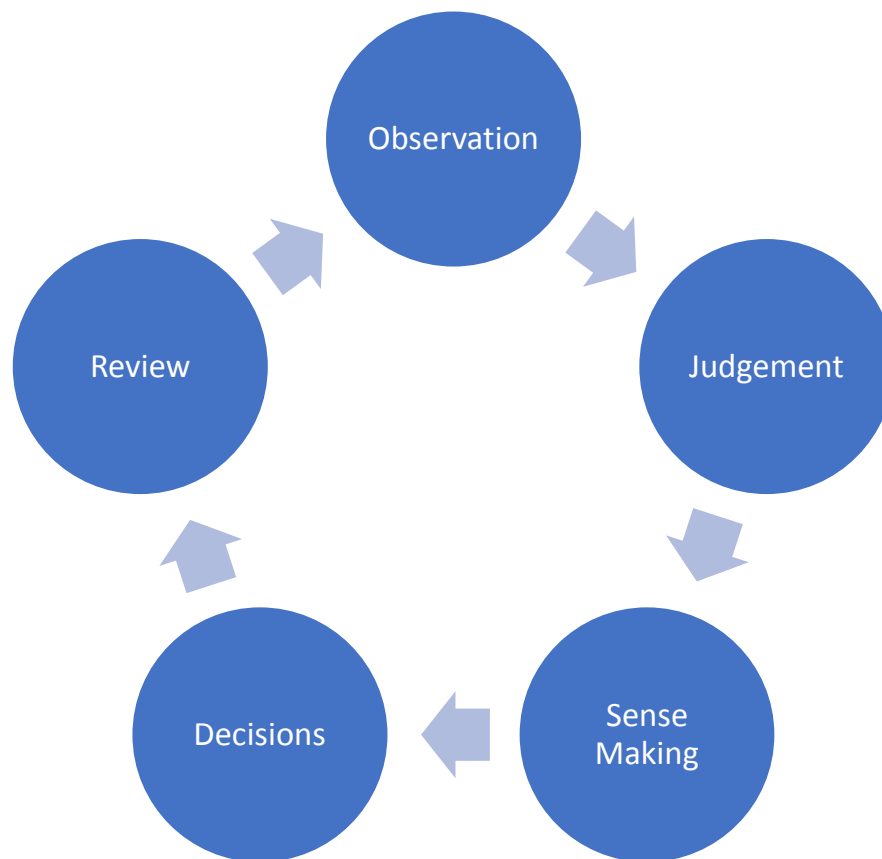


Intentions of a Negotiation

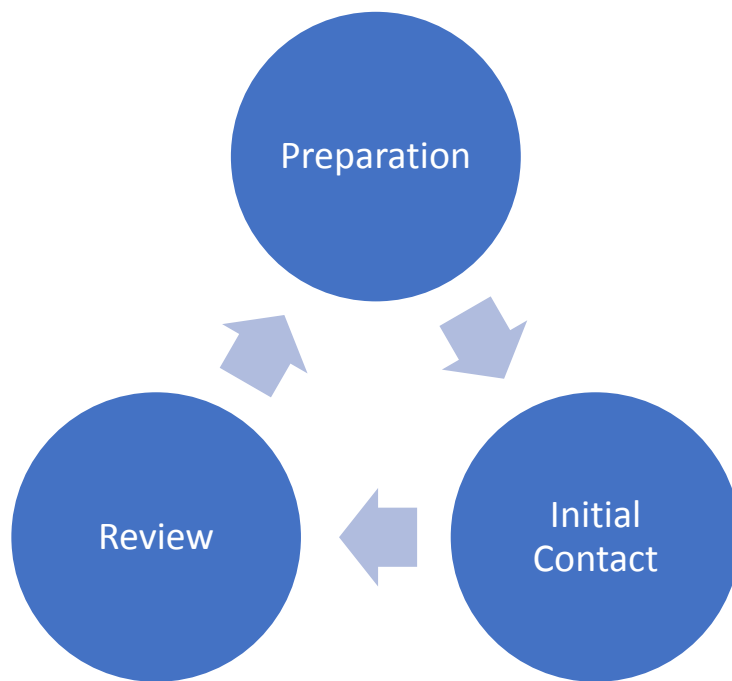
- Establish your aim
- Buy time
- Lower tension
- Create options
- Seek their story
- Establish risk to them, self and others
- Assess High, Medium or Low
- Establish Influence (Rapport / Trust)
- Help problem solve
- Check in with self
- Look for a win / win situation
- Clear on values
- Seek clarity and understanding



Judgement and Decisions



Process of a Negotiation

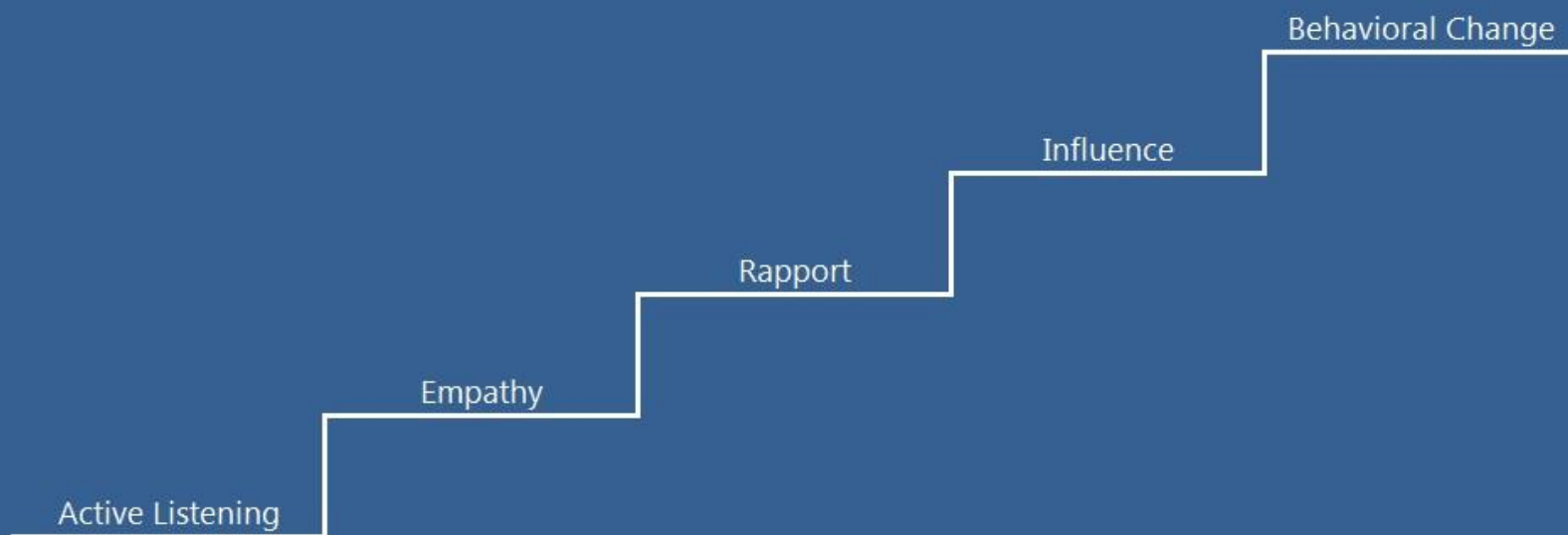


The most dangerous time is just when you think you are winning



Influence

Behavioral Change Stairway Model



Reflective Practice

