



**ENGLAND BOXING**  
**Referee's & Judge's CPD**  
**Week 6 – The Low Blow**

# LOW Blow

- After a low blow, if the offended boxer does not complain and the low blow was not hard and intentional, the referee must signal the foul without interrupting the Bout.
- After a low blow, if the offended boxer complains about the severity of the low blow, the referee will have two options:
  - The offending boxer will be immediately disqualified if it is an intentional and hard blow
  - Start an eight (8) count

# LOW Blow

- After the eight count, the referee will have the following options:
  - If the boxer is fit to continue: the referee may give a warning to the offender, if the referee considers it necessary, and the bout will continue.
  - If the boxer is not fit to continue: the referee will give a certain amount of time to the boxer to try to recover, with a maximum time of up to 90 seconds.
  - The referee will call 'Time' and the timekeeper will start the second clock, striking the gavel once after 30 seconds, twice after 60 seconds and three times after 90 seconds.
  - The referee can restart the bout at any time during the 90 seconds if the injured boxer is fit to continue.

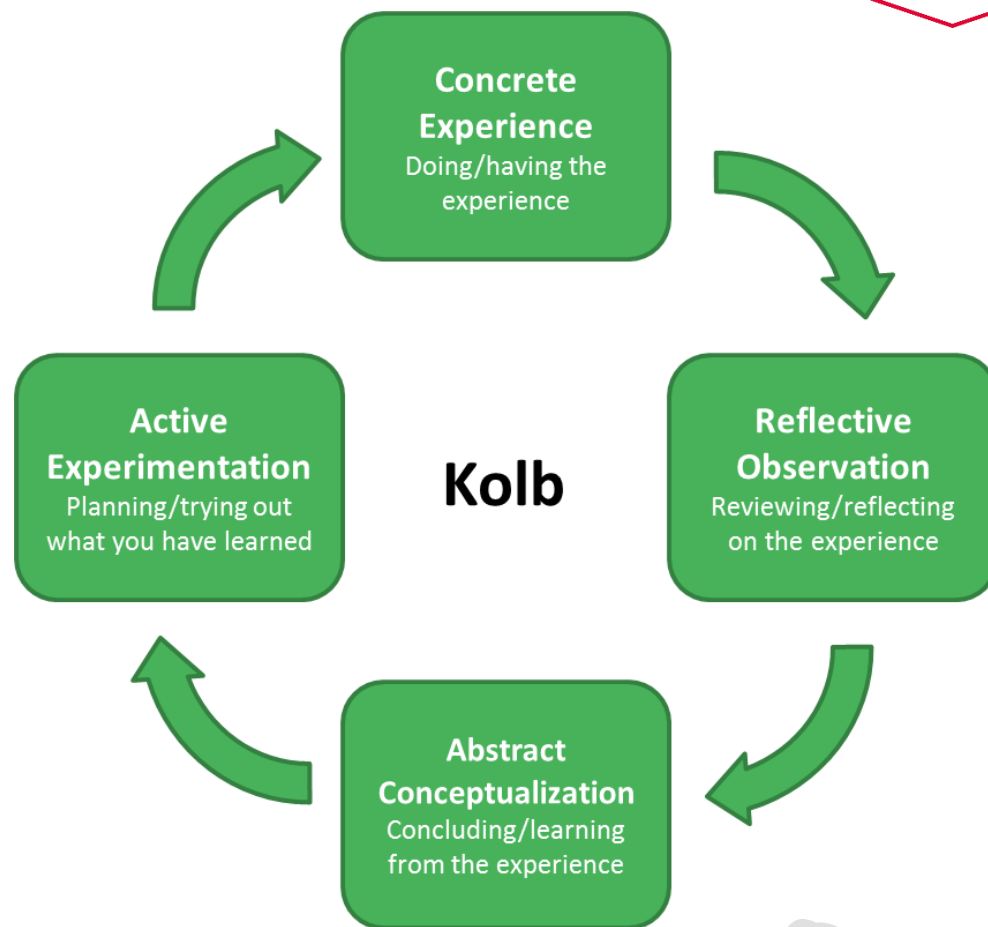
# LOW Blow

- After above mentioned timeframe, the referee will have two options:
  - If the boxer is fit to continue: the referee may give a warning to the offender and the bout will continue
  - If the boxer is unfit to continue: the opponent will be declared the winner of the Bout by RSC-I

## Things to Consider

- You are refereeing the bout and the red corner boxer complains of a low blow and goes down on one knee. The blow was on your blind side and you didn't see it clearly enough to be sure it was low. You have followed the Low Blow procedure and the red corner boxer is ready to box, what do you do next?
- You are sat in judge 3 position and the referee has been through the above low blow procedure, but didn't see the shot clearly enough to make a decision. The referee ask you as the judge what you saw, what do you tell the referee?

# Reflective Practice



# Judgement and Decisions

