**Annex D to Section 5**

Annex D - UKAF Boxing Association – Sparring Activity Log  **UKAFBA Handbook 2020/21**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Srl** | **Rank Name** | | | **No of Rds & Duration** | **Opponent 1** | **Opponent 2** | **Comments** | | | **Boxer Signature** |
| **0** | Pte Cooper | | | 4 x 2 mins | Pte Ali  2 Rds | Pte Frasier  2 Rds | Open Spar, Cooper cut above eye in 4th by elbow.  Sparring stopped. Cooper taken to A&E for treatment. | | | H Cooper |
| **1** |  | | |  |  |  |  | | |  |
| **2** |  | | |  |  |  |  | | |  |
| **3** |  | | |  |  |  |  | | |  |
| **4** |  | | |  |  |  |  | | |  |
| **5** |  | | |  |  |  |  | | |  |
| **6** |  | | |  |  |  |  | | |  |
| **7** |  | | |  |  |  |  | | |  |
| **8** |  | | |  |  |  |  | | |  |
|  |  | | |  |  |  |  | | |  |
| **Date** |  |  |  | **Name of Supervising Coach** | |  | | **Signature** |  | |