**Annex D to Section 5**

Annex D - UKAF Boxing Association – Sparring Activity Log  **UKAFBA Handbook 2020/21**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Srl** | **Rank Name** | **No of Rds & Duration**  | **Opponent 1** | **Opponent 2** | **Comments** | **Boxer Signature** |
| **0** | Pte Cooper | 4 x 2 mins | Pte Ali 2 Rds | Pte Frasier2 Rds | Open Spar, Cooper cut above eye in 4th by elbow. Sparring stopped. Cooper taken to A&E for treatment. | H Cooper |
| **1** |  |  |  |  |  |  |
| **2** |  |  |  |  |  |  |
| **3** |  |  |  |  |  |  |
| **4** |  |  |  |  |  |  |
| **5** |  |  |  |  |  |  |
| **6** |  |  |  |  |  |  |
| **7** |  |  |  |  |  |  |
| **8** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **Date** |  |  |  | **Name of Supervising Coach** |  | **Signature** |  |